



## Winter Semester Class Offerings

Masters in Divinity in Transpersonal Psychology = 36 credit hours

### Introduction to Transpersonal Psychology

Time: Thursdays 7pm-9pm, Virtual

Instructor: Drs. Fiyah Oates and Jerome Maultsby

Credit Hours: 3

Transpersonal Psychology has been dubbed by Forbes Magazine the “Psychology of the Future”. It is an exciting and deep dive into soul healing. It is the psychology that explores mankind’s potential and evolution beyond their physical and mental limitations. This course reviews the origins and principles of Transpersonal Psychology. It also examines the progression of Transpersonal Psychology from Abraham Maslow’s Humanistic Psychology to modern day. It will also include the works of Victor Frankel (Logotherapy), Stanislav Grof (Holotropic, Psychedelics, Perinatal) and Assagioli (Psychosynthesis). We will dive deep into the psyche and spiritual experiences, including spiritual emergency and what to do about it.

### Transpersonal Psychotherapy:

Time: Wednesdays 7pm-9pm, Virtual

Instructors: Drs. Fiyah Oates and Jerome Maultsby

Credit Hours: 3

Transpersonal Psychotherapy explores ways we can practice psychology in an alternative therapeutic environment. It explores ancient forms of psychotherapy like Yoga, Sufism, Shamanism, Plant Medicine (Psycho-active) therapy, and more. It looks beyond the traditional forms of psychotherapy to introduce new effective and evidence based ways to address mental health wholistically.

## Mystical Art of Mental Alchemy 1

Time: Saturdays 4p-6:30p, Virtual/In-person/Hybrid

Instructor: Dr. Fiyah Oates

Credit Hours: 3

Many people have heard of Alchemy, but not sure what its about. Legends of turning lead into gold, the Philosopher's stone that permits you to live forever and forbidden knowledge that can be the key to unlock healing, purpose and potential.

Luke 11:52 "Woe to you experts in the law, you hold the key of knowledge, but because you yourselves have not entered, you have hindered those who were entering."

So many have the knowledge, yet few have "entered". What is entering. Here we will explore how to enter into the inexplicable temple of higher consciousness and acquire that as our resting place. Elevate yourself into the Kingdom of Heaven and you too can live a mystical, enchanting life of freedom, joy and ecstasy. This course will explore the "Great Work" of mental alchemy. The philosophy, history and the practice. You will learn how to develop new senses and activate dormant senses. This course seals up with a retreat.

## Mystical Art of Mental Alchemy 2

Time: Sundays 3-5:30p, Virtual/In-person/Hybrid

Instructor: Dr. Fiyah Oates

Credit Hours: 3

This course is a continuation of the first. Exploring the Emerald Tablets of Thoth. Learning proper meanings and pronunciations of ancient tongues of Khemet. Understanding Khemet as the origins of the world's religions. Exploring sacred geometry and using it for manifestation.

Unique to this course is the Indigo Papyrus of Djhwty (Djehuti) as been revealed.

We will continue the practice with more mental exercises and seal up with a retreat.

## Sacred Plant Medicines

Time: Tuesdays 7-9pm, Virtual

Instructor: Siherta Sehkem, RN, MCC, CAMS II

Credit Hours: 3

Psychedelics are spoken about through indigenous communities as "sacred plant medicines". They are of the origin of Transpersonal Psychology. Psychiatrist Stanislav Grof was doing studies in the 1970's on how people were accessing a psyche domain when on these ancient forms of medication. In Psychology today's article "Why Psychedelics Are Therapy's Next Frontier" stated "People describe ego-dissolution

as a diminished sense of self and an increase in the feeling of being at one with the universe, an experience felt as enriching.” This class will explore the healing, expanding and evolving effects of different psychoactive plants in nature that have been used for millennia.

## The Enneagram

Time: Mondays 7-9pm, Virtual

Instructor: Simone Kennedy, LPC, MCC, CAMS II

Credit Hours: 3

The Enneagram, is both an ancient sacred geometry and modern model of the human psyche which is principally understood and taught as a typology of nine interconnected personality types. It is known to be over two thousand years old, dating back to the ancient Sufis. As a typology, the Enneagram defines nine personality types (sometimes called "enneatypes"), which are represented by the points of a geometric figure called an enneagram, which indicate some of the principal connections between the types. The Enneagram of Personality is promoted in both business management and spirituality. In business contexts, it is often promoted as a means to gain insights into workplace interpersonal dynamics; in spirituality it is commonly presented as a path to states of enlightenment and essence. Proponents in both contexts say it has aided in self-awareness, self-understanding, and self-development.

## Essene Cosmology 101

Facilitator: Dr. Ras Yudah, MCC, CAMS II

Days: Saturdays 10a-12p, Virtual

An in depth and personal dive into the teachings and lifestyle practices of the enigmatic and elusive Essenes, of the famed Dead Sea Scrolls. Explore Essene Prayers and communions, Essene History and their connection to key biblical figures. In addition to exploring the possibilities of modern day Essene presence

## Hypnotherapy

TBA